

UPCOMING

Mark Your Calendars

EVENTS



Deployment Events Calendar

To register for events, please contact our MFRC Reception at 780-973-4011 ext. 6300.

WHAT YOU NEED TO KNOW, BEFORE THEY GO

If you are interested in learning more about preparing for your partner's military training or extended absence, join Catherine Christensen of Valour Law to discuss the type of paperwork you should have to protect your family and loved ones while they are away including; Power of Attorney, Temporary Guardianship, Will, Personal Directive and more. Families currently experiencing a deployment are also welcome. **Childcare is not available for this session.** *Please note that any opinions presented during these sessions are those of Valour Law and do not represent the MFRC. **Call (780) 973-4011 ext. 6300 by May 1 to register.**

Tuesday, May 2 | 6:00 – 8:00 pm | MFRC

R2MR

Phase 3 of R2MR "Supporting Families Through the Deployment Cycle" is a workshop which offers families information and resources in preparing for deployment.

May 6 | 9:00am - 11:30 am | Register by April 28

Phase 5 of R2MR "Supporting Families Through the Deployment Cycle" is a workshop which offers families information and resources in preparing for deployment.

May 6 | 12:00pm - 3:00pm | Register by April 28

Childcare is available upon registration for these sessions, space is limited. Call 780-973-4011 ext. 6300 to register at least one week prior to the session.

DEPLOYMENT MOTHER'S DAY CRAFT

Children who have a deployed parent will create a special Mother's Day craft to take home. Please wear clothes that are suitable for "creativity". Please call (780) 973-4011 ext. 6300 by May 9 to register.

7-12 years | May 13 | 9:00am – 1:00pm | MFRC

Cost: No fee, please pack a lunch

***Note: This event is taking place on a "Deployment Casual Care" date, spaces are limited. Find out more details upon registration.**

****This program has been sponsored by Lonely Cars.**

BUS TRIP TO PRAIRIE GARDENS

Join us for a spring trip to Prairie Gardens! This event will run rain or shine, as we have booked indoor space for inclement weather. The fee per person includes transportation to and from the MFRC, admission, petting farm, train rides, puppet shows, pedal karts and more! Lunch and snacks may be purchased on site or you may pack your own. Visit prairiegardens.org for menu and activities. This event is open to members of the Defence Team and their families, with priority given to families of deployed personnel. Bus will depart the MFRC at 10:30am. Register by May 16 at 780-973-4011 ext. 6300.

May 20 | 10:30AM – 3:30PM | \$5.00 per person (children 2 and under are free)

WOOL & WHATEVER

Adults who are currently, are about to, and who have recently experienced a deployment are invited to enjoy some time to connect with other adults. Relax and connect, bring your wool and knit, crochet, or whatever! Special guests may join us from time to time to offer strategies or to teach a new skill. Register two days prior.

Mondays, May 29, June 26, Aug 28

6:00 - 8:00 am | MFRC

May 2017

*Please note: The activities listed are subject to cancellation due to lack of registration or inclement weather.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Drop In Coffee 9:30 to 11:30 am MFRC What You Need To know, Before They Go. 6:00– 8:00pm	3	4	5	6 R2MR Phase 3 & 5 9:00 am to 3:00 pm
7	7	9	10	11	12	13 Deployment Mother's Day Craft 9:00 am to 1:00 pm
14	15	16	17	18 Pizza Movie Night 5:30 pm Movie: Mary Poppins Reg. by May 16 - \$5	19 Sturgeon School Div PD Day	20 Prairie Gardens Bus trip 10:30 am to 3:30 pm Reg. by May 16
21	22	23	24	25	26	27
28	29 Wool & Whatever 6:00 to 8:00 pm	30	31			

For further information on events coordinated by the Deployment Support Program, please contact:

Jenny Greyling, Deployment Support Coordinator

780-973-4011 ext. 6304

Jenny.Greyling@forces.gc.ca

www.CAFconnection.ca

