Hello END Families

Please refer to this week’s edition of the *Husky Howler* to stay informed of important information and events happening at END!

**Calendar**
- **Nov. 16** - Term 2 Begins
- **Nov. 16** - Online Book Fair begins (orders available until Nov. 27)
- **Nov. 19** - Picture retakes & Pictures for online students
- **Nov. 20** - Report Cards go Home digitally via email

**Welcome Back**
We hope that all our families had a wonderful, relaxing, healthy and safe Fall Break! We are excited to move into our second term of learning

**This Week!**
- Online Book Fair! We are hosting an online book fair, families are invited to order scholastic books from Nov. 16 - Nov. 27. Please see the following link for instructions:
  - Virtual Book Fair
- Picture retakes and school pictures for all our online students will be held on Thursday Nov. 19. We ask all online students to pre-register and secure a timeslot. For our online students joining us for retakes, we ask that when you arrive at the school please call or ring the doorbell. Students will be required to wear a mask when entering the school and hand sanitize. Parents will be asked to wait outside of the school as a staff member escorts students to the and from the photographers.
- Report cards will be sent home digitally via email on Friday, Nov. 20

As we continue to navigate the realities brought about by the COVID-19 pandemic, we continue to ask our families to abide by all provincial protocols, including self assessing children daily prior to coming to school and staying home if a child is showing symptoms. We also ask that families continue to refrain from congregating and socializing around the school before and after
school hours. We all understand the challenges we are currently facing, but through our diligence, patience and kindness we will continue to ensure the health and safety of others in our community.

Protocols for when students may be sick or showing symptoms of illness.
As we continue to be proactive in ensuring the health and wellness of students and staff at END, we ask that families follow the outlined expectations regarding illness at school as identified in the GSACRD Parent Guidebook for Re-entry. Please note the new symptoms list and requirements effective Nov. 2, 2020

NEW COVID-19 Symptom List for Children - Effective Nov. 2

Core Symptoms
- Fever
- Cough
- Shortness of breath
- Loss of taste and smell

A child with one or more of these symptoms MUST isolate for 10 days. They can return to school earlier if they have a negative COVID-19 test, are NOT a close contact of a positive case and symptoms are gone.

Other Symptoms
- Chills
- Sore throat/painful swallowing
- Runny or congested nose
- Feeling unwell/fatigued
- Nausea, vomiting or diarrhea
- Loss of appetite
- Muscle/joint aches
- Headache
- Pink eye

A child with only ONE of the ‘other’ symptoms must stay home and be monitored for 24 hours. If the symptom is improving, they can return to school when they are feeling well enough to go.

A child with two of more of the ‘other’ symptoms - or one symptom that is getting worse - must stay home until symptoms are gone or he/she has a negative COVID-19 test result.

In order to assist students who are away from school for an extended period of time, **ALL** teachers are updating their google classrooms & websites to include material of daily lessons. Arrangements to pick up hard copies of material can be made with your child’s classroom teacher. We thank all our families for their ongoing understanding and support!
Parent Council / Parent Fundraising Association
We continue to encourage families to consider participating in our Parent Council and Parent Fundraising Committee, both groups support our school in a number of ways and help ensure we at Ecole Notre Dame are serving all our families to the best of our abilities. Our next Parent Council meeting will be held on Dec. 2, at 6:00 PM. This meeting will be available via Google Meet only, the link to the meeting will be shared with all families on Dec. 2.

Please see the following link for information on our latest Christmas Fundraiser:
END - Christmas Fundraiser

Dress for the Weather
As temperatures begin to cool, this is a reminder that all students should bring appropriate outdoor clothing to school, including: jacket, toque, gloves, boots, snow pants, etc… All recess are outdoors and it is the expectation that all students go outside during this time.

Focusing on Mental Health amidst a “New Normal” (GSACRD Voice)
We have been faced with the COVID-19 pandemic for 8 months now. Even though this may feel like a ‘new normal’, it’s important to continue with self-reflection on our well-being because sometimes our mental health can take a hit without us even knowing it. The Canadian Mental Health Association has compiled some relevant resources that can help you focus on the health and well-being of yourself and your family. Check out the link below:
COVID-19: Mental Health and Well-Being (CMHA)